



# **Systems Resilience Planning:**

**Dr Susan Rae**  
**Wendy Carberry**



# The role of Systems Resilience Groups

- Prepare for and manage periods of increased demand such as winter, and other periods, throughout the year
- Co- ordinate and integrate plans of all partner organisations
- Optimise level & quality of health and social care services
- 8 high impact interventions



# SRGs aligned to Acute System flows

## 3 System Resilience Groups for East Sussex patient flows:

- East Sussex – around East Sussex Healthcare NHS Trust System
- Brighton and Mid Sussex – around Brighton & Sussex University Hospitals NHS Trust System
- West Kent – around Maidstone & Tunbridge Wells NHS Trust System

*All providers and commissioners are represented*



# System Risks

- Workforce: clinical, professional and unqualified
- Patient flows - 7 day discharge from acute; Length of Stay in acute & intermediate care
- Discharge Capacity: home care/care homes



# System Actions

- Human Resources Departments planning and working collaboratively across Sussex
- Recruitment Strategies
- Weekly Planning Calls across GP Out of Hours & NHS 111
- Initiatives across Health & Social care - ESBT



# Process, Escalation & Assurance

- Detailed plans agreed by all partners
- Demand & performance tools
- Escalation process in place
- Sussex-wide Urgent & Emergency Care Network



# Targeted initiatives across Health and Social Care

- **Admission avoidance:**
  - Social care assessors and therapists
  - Roving GP
- **Dedicated vehicles to support**
  - 7 day discharge
  - Transport to GP & Lewes Victoria Hospital
- **Additional community beds:**
  - Eastbourne
  - Crowborough
- **Primary Care schemes**
- **On going support for mental health services:**
  - A&E Liaison
  - Crisis response





# Specific issues and mitigating actions for the Brighton and Mid Sussex System

## Issues

- More patients, with greater problems
- Performance – 4 hour A and E waits; 18 weeks referral to treatment (RTT)

## Actions

- Detailed improvement plans
- SRG includes national expertise and support
- Daily operational call to tackle system blocks in real time
- On the ground access to good practice and analysis (NHS Emergency Care Improvement Programme (ECIP))





# Conclusions

- The NHS experienced unprecedented pressure in the 2014/15 winter
- SRGs have brought the benefits of system wide working, shared responsibility, and joint ownership to inform planning and delivery for 2015/16



**Any Questions?**

